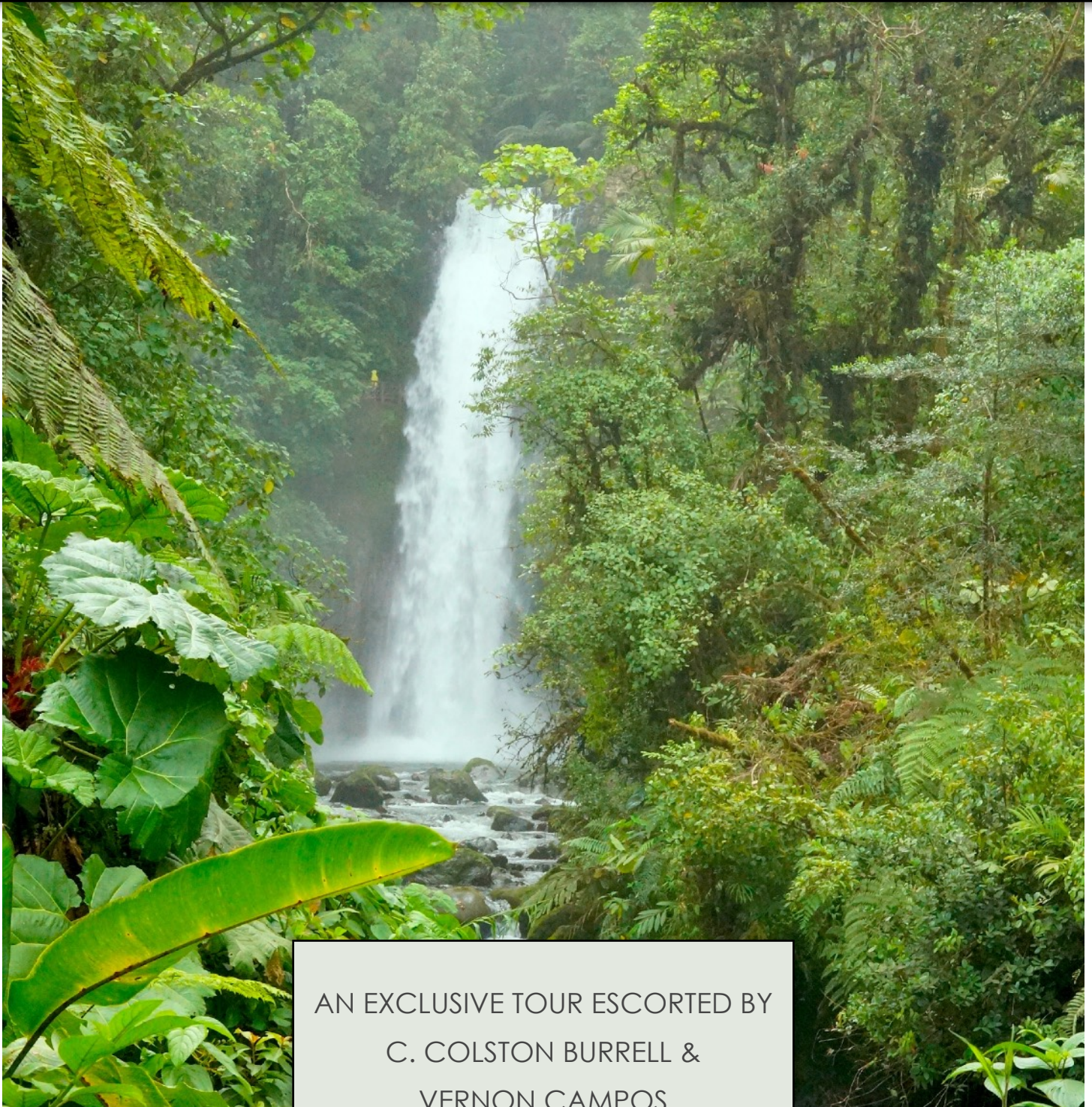


# COSTA RICA

## GARDENS, VOLCANOS AND WATERFALLS

January 12 - 22, 2023



AN EXCLUSIVE TOUR ESCORTED BY  
C. COLSTON BURRELL &  
VERNON CAMPOS





This winter join **Garden and Nature Tours** and **Friendship Tours** for an unforgettable adventure in Costa Rica, a tropical paradise where gardens, organic farms and thundering waterfalls are set against lush tropical forests and dramatic volcanic peaks. Our small group tour is limited to 12 travelers. This bucket-list trip offers exciting opportunities for exploration, discovery and relaxation.





# Meet Your Escort and Guide



C. Colston Burrell is a lifelong naturalist, plantsman, and gardener. He is principal of Native Landscape Design and Restoration, which specializes in blending nature and culture through artistic design. When Cole is not traveling, he is designing gardens for his clients, or tending his own 10-acre property designed to display the plants he loves while letting natural succession serve as head gardener. He shares his garden with birds, butterflies, and a wealth of amphibians.

Cole escorts garden and natural history tours throughout the United States and abroad. The New World tropics are a favorite destination. He has traveled in Costa Rica, Panama, Venezuela, Ecuador, and Argentina, as well as Europe and Japan.

Vernon Campos is a popular and outstanding native Costa Rican guide. He has been leading natural history and birding tours since 2007. Vernon studied botany before taking up bird watching. He is well versed in the cultural history and natural sciences of his native country. He is able to spot a tiny hummingbird at 60 mph, and has a unique talent for finding rare birds and mammals.

Cole and Vernon have led five trips together, exploring the garden, plants and animals of this lovely country. You will immediately fall in love with Vernon; everyone does!



# WELCOME TO COSTA RICA

Join **Garden and Nature Tours with C. Colston Burrell**, local guide **Vernon Campos** and **Brett Isaacson of Friendship Tours** in San Jose, Costa Rica to explore a tropical paradise. Though scarcely larger than West Virginia, this friendly country is a magnet for gardeners, birders, natural history enthusiasts and adventurers.

Costa Ricans, like most gardeners, are drawn to a wealth of plants from around the world. Gardens here are as variable as their owners but are often set within a nurturing envelope of native trees. Colorful foliage is favored as a foil for the deep green palms, philodendrons and elephant ears that are commonly grown. Gingers, heliconias, birds of paradise, gardenias and succulents provide long seasons of bloom, augmented by orchids and tropical bulbs in season.

In these gardens, parks and lodges an unbelievable array of tropical ornamentals and edibles awaits discovery. Costa Rica boasts over 9,000 species of flowering plants and 800 species of ferns. The 876 species of birds, including flamboyant toucans and tanagers, are sure to seduce even the casual birder. Parrots, hummingbirds, tanagers and honeycreepers flock to the blazing orange coral trees that set the countryside awash with spring color. This diversity of plants and animals is due to incredible variation in topography, vegetation and rainfall patterns. For its size, Costa Rica has more preserved land than any other country in the world, nearly 1/4 of its landmass.

In addition to gardens, we have ample opportunities to explore the unique topography and geology of Costa Rica. We will tour La Selva, a world-renowned biological research station to learn about tropical ecology. Exhilarating hanging bridges, local craft shops and wildlife feeding stations are a few of the attractions we will visit.

Join us for this unforgettable journey to explore bucolic and rugged regions of Costa Rica, with exciting opportunities for exploration and relaxation.

# Tour Itinerary Highlights

- Partake of dinner with SACRO founder Ileana de Teran in her magnificent garden
- Enjoy visits to three private gardens, including Villaverde, the garden of Esther Rodriguez
- Take a tour of Ark Herb Farm with a Farm to Table Lunch
- Visit 4 extraordinary botanical gardens including Else Kientzler and Nectandra Cloud Forest Reserve
- Walk to a lava field in Arenal National Park
- Experience the exhilaration of Arenal Hanging Bridges
- Explore sustainable agriculture at Vida Campesina Organic Farm
- Marvel at colorful birds while visiting Cope Wildlife Garden and Bogarin Feeders
- Learn tropical ecology from a guided tour of La Selva Biological Station
- Take an afternoon boat ride to the Sarapiquí River
- Visit world famous La Paz Waterfall Gardens





# Gardens of Costa Rica





# Tour Details

TOUR DURATION 10 Nights / 11 Days

## TOUR INCLUSIONS

- † Airport transfers
- † Ten nights hotel/lodge accommodations
- † All meals from dinner on January 12 to breakfast on January 22\*
- † Sightseeing and transportation by Toyota Coaster as outlined in the program itinerary
- † Local driver/guide and flora & fauna expert Vernon Campos
- † Escort throughout tour—C. Colston Burrell
- † Water and snacks in the Coaster
- † Admissions to all parks and gardens
- † Guided natural history and birding excursions
- † Afternoon boat ride to the Sarapiquí River
- † Hotel taxes and service charges
- † Gratuities to your local driver/guide and host

## NOT INCLUDED IN THE TOUR

- † Round-trip airfare from home cities
- † Travel insurance
- † Airport fees, taxes and baggage charges
- † \*Lunch at Hotel Bougainvillea on January 13th
- † Optional sightseeing or recreational activities
- † Gratuities to servers, luggage handlers or housekeeping
- † Alcoholic beverages during the trip
- † Covid test on departure if required
- † Any other items not specifically mentioned as included in the itinerary



# Tour Pricing and Registration

## TOUR DURATION

10 Nights / 11 Days

\*\*\*DETAILED ITINERARY UPON REQUEST AND UPON REGISTRATION\*\*\*

## PRICING

\$4995.00 Land Price — Double Occupancy

\$997.00 Single Supplement

- ~ Tour price is based on 10-12 travelers
- ~ Fewer than 10 travelers may result in a small surcharge
- ~ Itinerary subject to change without notice

## DEPOSIT

\$2,000.00 per person with reservation to secure your spot

TO REGISTER AND VIEW TERMS AND CONDITIONS VISIT:

<https://www.friendshiptours.net/group-travel>

Select "Group Sign In". Enter the Tour Code **23JAN12COSTA** in the box labeled "Make a New Reservation."



**FRIENDSHIP TOURS**  
**THE SHIP SHOP**





# Registration Details

## Costa Rica: Gardens, Volcanos and Waterfalls

Escorted by C. Colston Burrell

January 12-22, 2023

**ARRIVAL:** Thursday, January 12, 2023 at Juan Santamaria International Airport (SJO). Transfers included from SJO to the hotel. Time TBD based on passenger arrivals.

**RETURN:** Sunday, January 22, 2023 transfers included from hotel to SJO for your flight home. Please arrange for flights departing after 1:00pm.

**COST** (with 10-12 paying guests):  
\$4,995. per person based on double occupancy  
+\$997. per person single supplement

**RESERVATIONS VIA FRIENDSHIP TOURS:**

**CALL:** 800-243-1630 and ask for **Costa Rica tour with C. Colston Burrell**

**ON LINE :** [www.friendshiptours.net/group-travel](http://www.friendshiptours.net/group-travel)  
and select "Group Sign In". Enter the Tour Code  
**23JAN12COSTA** in the box labeled "Make a New Reservation."

**DEPOSIT:** \$2,000 per person with reservation to secure your spot.

**Please reserve now. Small group tour.**

**Commitment required in order for trip to operate.**

**FINAL PAYMENT:** October 17, 2022

**CANCELLATION POLICY:** If a passenger cancels after deposit to Oct 17, 2022, the fee is \$1,000 pp; October 18, 2022 to November 18, 2022, fee of \$3,000; no refunds if cancelled after November 18, 2022.

**PASSPORT:** U.S. Citizens: Valid Passport required and must be valid 6 months past the return date.

Non U.S. Citizens are responsible for obtaining proper documentation for travel.

**AIR TRAVEL:** Do not purchase air until you have been advised that the minimum number of travelers for this tour has been reached. This trip is based on 10-12 passengers. Flight arrangements are not included in this tour package.

**PRICES & ITINERARY:** Prices are valid at time of publication. Friendship Tours shall not be liable for any fluctuation in price or change in schedule or equipment or accommodations for any travel booking or travel service to be provided by a Travel Supplier. Changes to itineraries may become necessary. These changes will not be considered a material change and will not be cause for cancellation or refund. This itinerary is planned & operated by Costa Rica Gateway. Friendship Tours acts solely as the liaison between Costa Rica Gateway & Garden & Nature Tours.

**COVID-19: PROOF OF VACCINATION, TESTING, TRIP PROTECTION COVERAGE, BED REST/QUARANTINE:**

All passengers are required to be double vaccinated with the COVID-19 vaccine and have a booster(s) wherever possible to participate in this tour. All passengers must bring their Proof of Vaccination and valid ID Cards on the tour.

At this time, a negative COVID-19 antigen test is required to return to the U.S. at the end of your tour. Costa Rica Gateway Tours will coordinate a test on the last full day of the tour if it is still required by the U.S. government to re-enter the U.S. The cost of test will be at your own expense.

**Proof of travel insurance with the added option of BED REST/QUARANTINE coverage is required for this tour.**

Your travel insurance policy must cover medical expenses and lodging in the event of COVID-19 infection. If a traveler catches COVID-19 during their stay in Costa Rica, they must quarantine for 7 days. The quarantine cannot be ended early even in the event of a negative test during this period. Travelers are responsible for the costs of lodging during quarantine. Costa Rica Tourism recommends you have an insurance policy that will cover for a minimum of \$2,000 for lodging expenses in the event of COVID-19 quarantine. Friendship Tours can assist with the purchase of trip protection coverage through Travel Insured International's Worldwide Trip Protector Plan.

No financial compensation will be provided to guests who miss any or all of the tour due to COVID-19.

**TRIP PROTECTION COVERAGE with the option to add BEST REST/QUARANTINE coverage is available through**

**Travel Insured International's Worldwide Trip Protector policy** in case you test positive and can not enter back into the United States at the end of the tour. Additionally, Travel Insured International offers a policy with the option for **CANCEL FOR ANY REASON** coverage when purchased within 14 days of your initial deposit - ask Friendship Tours for more information. Or request a quote online: <https://www.travelinsured.com/agency/?r=http:%2F%2Fwww.friendshiptours.net&p=>

**RESPONSIBILITY:** This package is subject to our full terms and conditions which can be found on our website at <https://www.friendshiptours.net/tour-policies>. Paper copies are available upon request. **By signing up for the tour, making a payment and continuing to use our services, you are agreeing to be bound by the Terms and Conditions.**



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**THE SHIP SHOP**

705 Bloomfield Ave, Bloomfield, CT 06002  
860-243-1630 • 800-243-1630  
[www.friendshiptours.net](http://www.friendshiptours.net)



# Itinerary

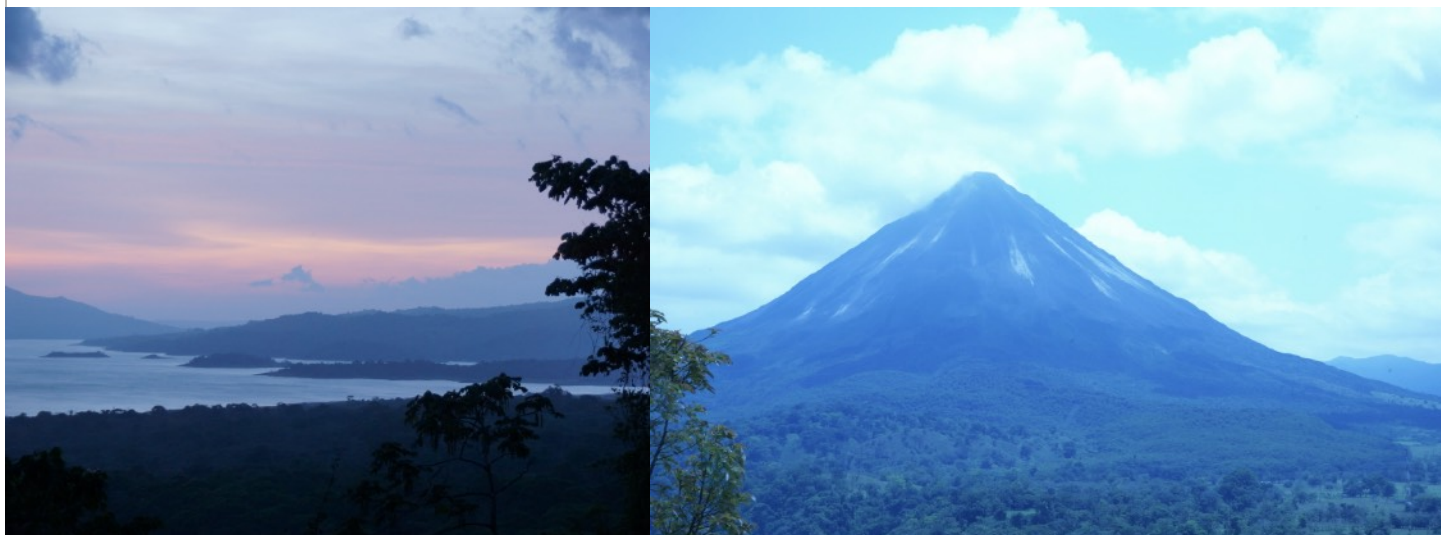
- January 12 DAY 1      Arrive and transfer to Hotel Bougainvillea  
Welcome Dinner at the hotel
- January 13 DAY 2      Free Morning at Hotel Bougainvillea  
Lunch on your own  
Garden Tour and Dinner at SACRO with Iliana de Teran  
Night at the Hotel Bougainvillea
- January 14 DAY 3      Morning Birding at Hotel  
Check Out and Depart for Day's Activities  
Myriam Sagot Private Orchid Garden  
Tour and Lunch at Arc Herb Farm  
Night at Xandari Hotel and Spa
- January 15 DAY 4      Visit Else Kintzler Botanical Garden  
Lunch and shopping in Sarchi, Craftwork center of Costa Rica  
Visit Esther Rodrigues Private Garden  
Night at Xandari Hotel and Spa
- January 16 DAY 5      Check Out and Depart Hotel  
Stop at Zarcero Topiary Gardens  
Tour and Lunch at Nectandra Cloud Forest Reserve  
Night at Arenal Observatory Lodge





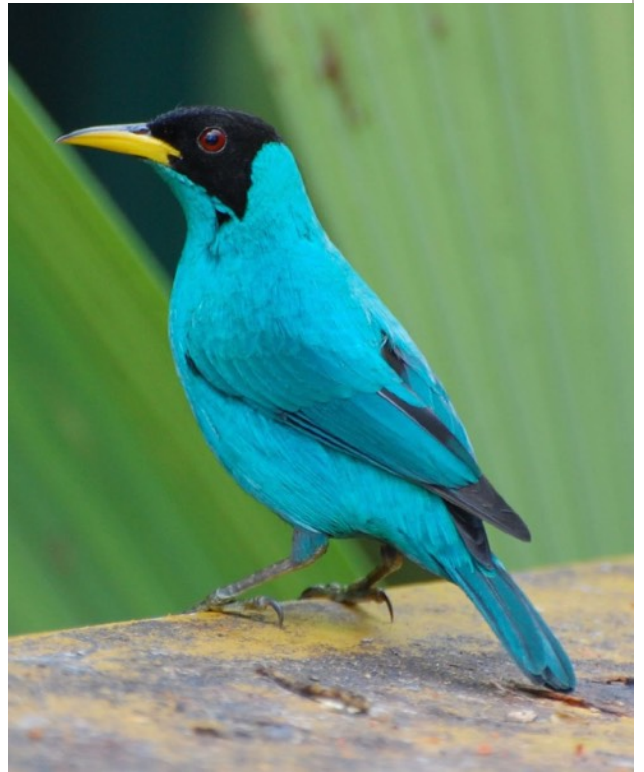
## Itinerary - Continued

January 17 DAY 6	Arenal Hanging Bridges Arenal National Park Lava Fields Explore Lodge Grounds, Volcano Museum Night at Arenal Observatory Lodge
January 18 DAY 7	Check Out and Depart Hotel Bogarín Feeders & Trails to visit bird feeding stations Lunch and Tour -Vida Campesina Organic Farm Night at La Quinta
January 19 DAY 8	Exploring La Selva Biological Station Sarapiquí River Trip Night at La Quinta
January 20 DAY 9	Caribbean Botanical Garden Cope Wildlife Garden to visit bird feeding station Lunch at a local restaurant Heliconia Island Botanical Garden Night at La Quinta
January 21 DAY 10	Check Out and Depart Hotel Cinchona bird feeding stations Waterfall Gardens and Lunch Night at Poas Volcano Lodge
January 22 DAY 11	Check Out and Depart for Airport, Flights home (1.5 hours to San Jose Airport) Stop for Covid Testing if required to enter US





# Birds of Costa Rica



# Costa Rica: Gardens, Volcanos and Waterfalls

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### Proof of travel insurance with the added option of BED

#### REST/QUARANTINE coverage is required for this tour.

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